



LEARN MEDITATION ON TWIN HEARTS

Increase happiness

Reduce stress

Enhance focus

Achieve calmness

Last Monday Monthly 7:15pm - 7:45pm

Barnwood Reading Room,

146 Barnwood Rd, Gloucester GL4 3JT

No cost, donations welcome

Saleem Ullah

Register at

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healing clinic follows meditation, stay behind to experience a treatment



Institute of Pranic Healing
UK & Ireland

